THIRDHAND SMOKE
THE INVISIBLE THREAT

Thirdhand smoke is smoke residue that sticks to dust, furniture, carpeting, car seats, skin, hair, and clothes after a cigarette is put out.

250 DANGEROUS CHEMICALS

Nicotine  Arsenic  Lead  Cyanide  Butane

PROTECT YOUR FAMILY

- Make your home and car smoke-free
- Do not smoke or allow others to smoke near your family
- Wear a designated smoking shirt or jacket that you can remove before entering your smoke-free home
- Wash your hands and clothes after smoking
- Seek support to help you live a smoke-free life

HELPING FAMILIES QUIT TOBACCO-FREE
MOM'S QUIT CONNECTION
Find us on Facebook
NEW JERSEY QUITLINE
1-866-NJ-STOPS

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